

# ALTO SAXOPHONE LESSON 3

#### VID LINK: Lesson 3

# HOW TO USE THIS SHEET

To get the most out of these lessons first watch each segment of the video. Pause the video wherever you need to and slowly go through the exercises yourself before going on. As you practise the work use the video as a reference but spend most of your time playing slowly and patiently off this pdf. Once you feel confident return to the video and try to play along with me! If you can more or less keep up you may be ready for the next lesson.

### THEORY

A MINIM REST holds for 2 beats silence. It sits on the middle line of the staff.





## NOTE FINGERING





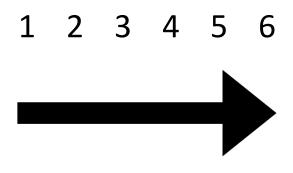


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# TONE

- Breathe in as deeply as you can and play B for 6 seconds. Tongue the beginning.
- Try to expel all your air by the end of 6 seconds.
- Repeat this 5 times each practise.
- If you run out of air early try to let your air out more slowly.







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#### PRACTISE TIPS

Don't have enough time to practise? Going through the motions of practise without your instrument can still be an effective way to practise, particularly compared to no practise at all. What I mean is if you're stuck on the bus or train or otherwise in a position where you can't play, if you take out your music and imagine yourself playing while doing the fingering it actually is an aid to learning.

Of course the best practise is with your instrument but this is a way to keep reinforcing those lessons in your mind when you otherwise couldn't.